

Learning Project - Food



Age Range: Cadbury Class. (Purple EYFS-Y2 and Green Y3-y6)

Weekly Maths Tasks

Watch a Numberblocks clip each day at: [BBC](#) or [CBeebies](#). Use this guide [here](#) for support whilst watching an episode.



Explore weighing and measuring food on the kitchen scales. Ask, what happens as you place more on the scales?

Look for numerals on packaging you find around the house. Can your child recognise the numerals and count out a matching amount?

Add items of food – how many tomatoes in your sandwich? How many pieces of pasta in a handful? How many grains of rice on a teaspoon? How many slices of bread in a loaf?

GO to the shops (or pretend at home) and ask for 5 apples, 2 oranges etc.

Play on [Hit the Button](#) and work on [Times Table Rockstars](#)

Look in the cupboards and the fridge. Sort some of the foods you can find into different groups. Which food group has the most or least amount of items? Which item of food is the lightest or heaviest? Why might this be?

Play the game [Fruit Fall](#) - answer the data handling questions based on how many pieces of fruit you catch.

Adding totals of the weekly shopping list or some work around money. This [game](#) could support work on adding money.

Get a piece of paper and ask your child to show everything they know about **Time**. This could be pictures, diagrams, explanations, methods etc. They can be as creative as they want to be.

Practise counting forwards and backwards from any given number in **3s**.

Using food packaging, discuss which 3D shapes you can find.

Weekly Phonic/Spelling Tasks

Sing Nursery Rhymes and songs together. Add in actions and change the words. Can children think of different rhyming words to add in? Repeat old favourites and learn new rhymes. You can find an A-Z of [Nursery Rhymes](#).

Daily phonics - Practice the sounds your child is working on and blend words. This can be oral blending (e.g. spoken out loud c-a-t) or written if appropriate. [Interactive games](#).



Pour flour, rice or lentils into a shallow tray or plate. Show your child a letter, digraph, trigraph or tricky word and ask them to 'write it' in the food using their finger.

Daily phonics - your child to practice their sounds and blend words. Interactive games found on link below.

[Phonics play](#) [Top Marks](#) [Spelling](#) [Spelling City](#)

Spell the days of the week

Weekly Reading Tasks

Look at recipe books and food magazines. Encourage your child to use their phonics knowledge to decode the ingredients list. Select a recipe and make this together. Encourage your child to read the labels on packaging to figure out which ingredient it is.

Find and read a book aloud about food. Discuss the foods.



Visit [Oxford Owl](#) (Username is Cadbury and password is choc) <https://www.bbc.co.uk/cbeebies/stories>

[The very hungry caterpillar](#)
[I Will Never Not Ever Eat a Tomato](#)
[Green Eggs and Ham](#)

[Handa's surprise](#)
[Supertato](#)
[Eat your peas](#)

Read out aloud the ingredients on the back of a tin or cereal box to an adult?

Find a cooking book in the house or online and read the ingredients needed to make something.

Watch [Newsround](#) and discuss what is happening in the wider world.

Find a food leaflet in the house and read some of the items. Make a list of the food in alphabetical order and add on sound buttons.

Read a variety of books and make a list of all the different types of food you find. Get your child to read a book on [Oxford Owl](#), discuss what your child enjoyed about the book.

With your child, look in magazines, newspapers and books for new vocabulary they are unfamiliar with. They could use a highlighter to highlight in magazines and newspapers. Stick these words around the house for children to read when they pass to help remember them.

Weekly Writing Tasks

Practice forming the letters of the alphabet.

Using recipes from books as a guide, ask your child to create their own recipe for their dream meal. They could draw out the ingredients and label them and draw the finished meal. Some children may be able to write a few short sentences as instructions.

Look at a range of different packages found around the kitchen. Discuss with your child what makes it stand out to a customer. Support them to design a package for a treat of their choice.

Practice name writing. Can they write their first name? Middle name? Surname?

Practise fine and gross motor activities (look back at previous activities)

Write out these words on paper for your child to trace; can, box, tea, oat, pea, chip, pie.

Practise the Year 3/4 for [Common Exception](#) words.

[Cbeebies Playlist](#)

Use websites above for practise games.

Can you test yourself with these words after practising them this week?

Try and use them in a sentence too.

cooking	dinner	food
sandwich	fridge	meal
lunch	fruit	freezer

For example;

I ate some **fruit** after my **lunch**.



Write a shopping list that ensures their family will eat a balanced diet. Remembering to include exciting adjectives.

Create a shopping list for the week. Can your child group the items into food groups on their list e.g. fruit and vegetables, meat, dairy?

Write a recipe for a healthy meal of their choice. Can they use subheadings for the ingredients and instructions?

Write a set of instructions for making toast. Can they use imperative verbs?

Design a new label for a cereal box. What eye catching information will you add? Can you use an exclamation mark?

Write a review about a meal they've eaten. Describe what they had to eat. What did they enjoy and why?

Write a poem about your favourite food. Will it rhyme?

Design a new milkshake. Which ingredients will you include? Can you label the milkshake? Will you have a mascot that is linked to your new creation? Can you make the milkshake?

Write a diary entry to a family member telling them all about how your day or week has been.

Proprioception.



Useful Websites;

[Joe Wicks](#)

[Just Dance videos](#)

[Change4life activities](#)

[Cbeebies Andy's Workouts](#)

[Go Noodle](#)



[Online Yoga Videos](#)

Search Pinterest, google or YouTube for useful activities and videos.

Food Activities



Learning Project - to be done throughout the week if you wish.

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

Provide your child with a selection of items from your kitchen cupboards. Can they sort them into things that are healthy and unhealthy? Discuss why the food is good for you or bad for you. Look at the [Eatwell plate](#) to help figure out which foods they should eat a lot of or not very much of.

Discuss how exercise is an important part of staying healthy. Watch and complete a 10 minute [shake up](#).

5 a day- Support your child to create a food diary to record how many pieces of fruit and vegetables they eat in a day. They could write these using their phonics knowledge or draw a picture of each item.

Create a collage- Ask your child to draw out a number of fruits or vegetables, large enough to fill a piece of A4 paper. Provide them with a selection of colourful packaging. Can they cut out and collage on to their picture to

Play shops- Using toy food or old packaging, set up a food shop for your child to act out being the shopkeeper and customer. You could introduce coins to support their developing knowledge of money. Give them a notepad to use as a shopping list to encourage in the moment writing.

Potato/ Vegetable Printing- Using a selection of vegetables available in your kitchen, support your child to print and explore the shapes and patterns created:



Make cornflour gloop- Mix cornflour with a small amount of water in a mixing bowl. It will make a slimy, stretchy mixture. Allow your child to explore the change of texture from wet to dry and the texture of the gloop.

Balanced diet: Show your child this video about how to have a balanced diet. Play these [games](#) about healthy eating. What do we have today? Look in the kitchen to see if you can create an A-Z list of foods.



Fruit and vegetables - Draw pictures of fruit and vegetables in your house. Label the fruit and vegetables and place in alphabetical order.

Sorting activity: Collect food from the kitchen and sort into healthy and unhealthy foods.

Design a poster - think about the foods you like to eat and food that you need to eat to keep you healthy. Create a poster that you can put in the kitchen or in the school hall. Will you be able to use any food wrappers or make your poster interactive?

Healthy lunchbox: can you play this [game](#) and make a healthy lunchbox?

Traditional food: Many cultures have various dishes of food to celebrate their festivals. Find out about a festival and compare it to a different festival. What are the similarities? What are the differences? How is the food prepared? Do you have any traditional food you enjoy with your family?

Restaurant: Can you plan a menu? Think about what you would like to have on your menu. Can you design a menu for a vegetarian? Can you design a menu for a vegan? Will you have options on your menu for people who have allergies?

Look around the house for any leaflets or take away menus. What price is the food? Can you do any meal deals?

Designing a school menu. Can you design a new school menu? What could you add? What would you keep the same? Will it be a healthy school menu? Can you find pictures or draw pictures to add to your menu? Plan out your menu and remember to include prices. Will you have a different menu everyday? [School Menus](#)

DATES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					
LUNCH					
PM Snack					

Cooking: find a few recipes and check if you have the ingredients at home and cook a meal for your family. Think about a starter, main and dessert. Can you cook as a family? Who will do the measuring?

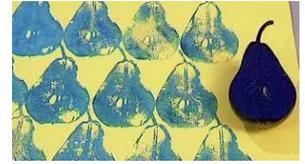
Favourite Fruit Survey Pictogram

Which fruit is the most popular in your class?

Fruit	1	2	3	4	5	6	7	8	9	10
apple										
banana										
orange										
grape										
strawberry										
peach										
watermelon										
pineapple										

Fruit survey: ask in your family the different fruits they like to eat. Collect the information and add it to your tally chart. Can you represent this information in a particular way?

Fruit and vegetables printing: Look at the work of the artist: Lynn Flavell. How does she represent fruit and vegetables? Can you create a piece of artwork in the style of Lynn Flavell.



Look at the work of Giuseppe Arcimboldo.

Using different drawing materials, can you create a picture of your own?

Food provides us with energy and we need energy to exercise and this keeps us fit. Why not choose a dance from Supermoves?

Additional learning resources parents may wish to engage with

#TheLearningProjects

[Oxford Owl](#) A wide range of useful resources.

[Story Time](#) Story time family on YouTube. Listen to books or read along.

[Reading ideas](#) activities for you to choose from.

[Literacy APPS](#) A range of literacy apps you can download.

[Pinterest](#) For interesting activities which you can search a range of topics including animals.

[Brookfield Primary Resources](#) Outstanding links/resources with specific resources for children with SEND

[Bitesize Daily Lessons](#) Wonderful Lessons from BBC Bitesize

[Speech, Language & Communication ideas.](#) Oak Academy lessons to follow.

[Joe Wicks](#) Keep fit with Joe Wicks daily workout.

[Pobble 365](#) Choose an image and follow the activities underneath.

[Puffin Storytime](#) Listen to a range of stories read by some famous faces.

[Home Learning Support](#) Support for families working together from home

[Live Zoo Feed](#) Keep an eye on those animals

[WWF Activities](#) Nature and wildlife activities

[National Geographic Kids](#) Great information and facts about the world.

[Classroom Secrets](#) Great FREE resources from Classroom secrets

[Classroom Magazines](#) Online Books and Activities

[Headteacherchat](#) - This is a blog that has links to various learning platforms. Lots of these are free to access.